

[IMAGE]

Not Worth Dying For

By Editorial Staff

When you're in pain, it can occupy your every thought and every breath. Hundreds of millions of people live in pain, and many turn to the remedy they've been conditioned by years of Big Pharma ad campaigns to turn to: pain-relieving medication. The most common pain relievers are a class of anti-inflammatories called NSAIDs, many of which you can find in over-the-counter form at your local pharmacy or supermarket: Motrin, Aleve, Advil, products containing aspirin, etc., and other drugs that relieve pain and reduce fever. Some NSAIDs are also available in prescription doses if needed.

taking pills - Copyright © Stock Photo / Register Mark The problem, of course, as is the case with any medication, is the potential dangers associated with its use. NSAIDs are no exception, which is why the Food and Drug Administration recently strengthened an existing label warning on all non-aspirin NSAIDs, noting that their use may increase the risk for heart attack and stroke. This warning applies to all non-aspirin NSAIDs, prescription and over-the-counter.

So, when you experience pain, where will you turn? NSAIDs might seem the easier answer, but at what risk? Your life. Talk to your doctor for more information and consider nondrug options for pain relief, such as chiropractic care.

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