

[IMAGE]

A Reason to Avoid Tylenol Use During Pregnancy

By Editorial Staff

asthma - Copyright © Stock Photo / Register Mark If you suffer from asthma or know someone who does, you know it's not a pleasant existence, to say the least. Coughing, wheezing, shortness of breath and/or chest tightness can ruin your day – and even threaten your life, depending on the severity. So, why would someone possibly do something to increase their risk (or the risk of someone they love) of developing the condition?

Unfortunately, unknowing mothers-to-be may be putting their children at risk simply by taking a common over-the-counter medication during pregnancy. According to a recent study, pregnant women who take acetaminophen (common brand name: Tylenol, although acetaminophen is found in numerous other medications) increase the risk of their child developing asthma at ages 3-7. Their findings emphasize that pregnant women should always consult their health care provider before taking *any* medication, even the over-the-counter variety. If you're expecting a child, do the safe thing: Talk to your doctor for more information.

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