

[IMAGE]

## Arthritis Patients Choose Chiropractic

In 1997, Americans made an estimated 629 million visits to practitioners of "complementary and alternative medicine" (CAM), compared with just 388 million visits to primary care physicians that same year. A study published in the *Annals of Internal Medicine* found that many arthritis patients used CAM, and that chiropractic was the most frequently used type of care.

Even more significantly, chiropractic was also near the top of the list in terms of the number of patients who regularly used CAM, and the number of patients who found CAM helpful for their condition.

Don't let arthritis get the best of you. If you or someone you know suffers from the daily pain and frustration of arthritis, schedule an appointment with a doctor of chiropractic.

### *Reference:*

Rao JK, Mihaliak K, Kroenke K, et al. Use of complementary therapies for arthritis among patients of rheumatologists. *Annals of Internal Medicine*, Sept. 1999: Vol. 131, No. 6, pp409-16.

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