

[IMAGE]

Stay Away from the "Andro"

Reference:

Bradley-Popovich GE, Mohr CR. Androstenedione and androstenediol in sport: a brief review of safety and efficacy. *Journal of Sports Chiropractic and Rehabilitation* 2001: Vol. 15, No. 1, pp20-25.

For information on natural supplementation, visit <http://www.chiroweb.com/tyh/nutrients.html>.

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