

[IMAGE]

Medication Use May Cause Weight Gain

Prescription medications can cause a variety of disturbing side effects, ranging from minor to life threatening. In fact, nearly 100,000 people die each year from the effects of prescription drugs, and that's when they're taken correctly!

A recently published study has examined the potential association between prescription medications and obesity. An extensive literature search uncovered many commonly prescribed medications known to contribute to weight gain, including medications millions of Americans use every day to manage such conditions as:

- € high blood pressure
- € diabetes
- € gastrointestinal disorders
- € convulsions/ seizures
- € clinical depression
- € birth control/ contraception

Chiropractic care offers a natural, safe alternative to preventing and treating disease, without the side effects associated with prescription and over-the-counter medications. If you'd like more information about this drug-free approach to wellness, schedule a consultation with a chiropractor near you.

Reference:

Cheskin LJ, Bartlett SJ, Zayas R, et al. Prescription medications: a modifiable contributor to obesity. *Southern Medical Journal*, Sept. 1999: Vol. 92, No. 9, pp898-904.

Page printed from:

http://www.toyourhealth.com/mpacms/tyh/article.php?id=757&no_paginate=true&no_b=true