[IMAGE] To Your Health Archives - September, 2016 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

Contact Us Help

[IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] September, 2016 (Vol. 10, Issue 09) In This Issue: • Pain Pills Don't Go Away After Back Surgery Happiness You Can Taste • Poor Sleep = Migraines By Editorial Staff • Sitting Time and BP Fractures and Medication Use: A Vicious Cycle • The Power of Awe By Editorial Staff Prevent Childhood Cancer Obesity and Cancer: Only a Matter of Time? • The Sleepless Night Diet By Editorial Staff Is Your Teen Daughter Eating Enough (Especially If She's an Athlete)? Previous Issues By Editorial Staff Did You Know? Cold Season Is Here, But You Can Fight It Naturally <u>Acid Suppressants Linked to Fracture Risk</u> By Editorial Staff • Open Up to Full-Body Health Weight Loss 101: 6 Tips to Help Strengthen Your Willpower <u>Video Games Help the Brain</u> By Jason Strotheide, DC • The Pros and Cons of Video Games Stretch Out That Tight Pelvic Floor Weight Loss: The Sooner the Better By Editorial Staff 8 Ways to Protect the Prostate By Editorial Staff Watching Under the Influence: Kids and Alcohol Advertisements By Editorial Staff A Few More Zzz's = A Few Less Lbs? By Editorial Staff Page printed from: Other Health Sites http://www.toyourhealth.com/mpacms/tyh/issue.php?id=115&no_b=true Chiroweb.com Dynamicchiropractic.com Chirofind.com

Acupuncturetoday.com