[IMAGE] To Your Health Archives - March, 2008 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] March, 2008 (Vol. 02, Issue 03) In This Issue: • Pain Pills Don't Go Away After Back Surgery Nutrition for Baby • Poor Sleep = Migraines By Dr. Richard Drucker • Sitting Time and BP Drink Your Greens • The Power of Awe By Dr. Donald L. Hayes Prevent Childhood Cancer The Overmedicated Child • The Sleepless Night Diet By Dr. Claudia Anrig Keeping Them Safe Previous Issues By Kathryn Feather Did You Know? Sweet Success Exercise Fights Prostate Cancer By Tina Beychok • 15 Minutes a Day Headache Help Age of Diabetes Onset Linked to Dementia Risk By Zhenya K. Wine • Sit Less, Live Longer Dangerous Curve • Diet Reduces Fracture Risk By Dr. John Hanks Preventing Food Allergies By Editorial Staff Time to Socialize By Editorial Staff Jump Into Spring By Editorial Staff Page printed from: Other Health Sites $http://www.toyourhealth.com/mpacms/tyh/issue.php?id=15\&no_b=true$ Chiroweb.com Dynamicchiropractic.com Chirofind.com

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