[IMAGE] Current Issue - February, 2007 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] February, 2007 (Vol. 01, Issue 02) In This Issue: Older Men Need Chiropractic Headaches: Drugless Solutions Great for Memory By Julie Engebretson • Try Evening Exercise The Truth About Sweets • Not Enough Nutrients? By Julie Engebretson Sleep?

Dealing With Toxins Is Your Child's Depression Being Caused by Poor • Your Best You By Ronald E. Partain Sr. Spinal Decompression Previous Issues By Dr. James D. Edwards Did You Know? Low-Level Laser Therapy Routine Pelvic Exams: Not So Fast By Dr. William J. Kneebone Top 10 Health Threats for Men Taking Charge of Your Health • Red Meat and Diabetes By Paula L. Wilson How to Avoid Fitness Failures Treating the Common Cough: Time to Think Natural Legumes Can Lower Cholesterol By Peter W. Crownfield Keep an Eye on Good Health By Editorial Staff The Fundamentals of Fiber By Editorial Staff For Your Valentine Page printed from: $http://www.toyourhealth.com/mpacms/tyh/issue.php?id=2\¤t=true\&no_b=true$ Other Health Sites Chiroweb.com Dynamicchiropractic.com Chirofind.com Acupuncturetoday.com