[IMAGE] To Your Health Archives - December, 2008 [IMAGE] a.consent:link { color:#FFF; }	
a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }	
	Contact Us Help
[IMAGE]	
[IMAGE]	
[IMAGE] [IMAGE]	
[IMAGE] [IMAGE]	[IMAGE]
	E-mail to a Friend   Printer Friendly   PDF
[IMAGE]	── <i>To Your Health</i> Archives -
[IMAGE]	D 1 2000 (T/ 1 02 T 12)
In This Issue:	December, 2008 (Vol. 02, Issue 12)
Older Men Need Chiropractic	
• Great for Memory	The At-Home Athlete
Try Evening Exercise	By Perry Nickleston, DC
• Not Enough Nutrients?	The ABCs of Nutrition
Is Your Child's Depression Being Car	
• Your Best You	Common Knee Injuries, Uncommon Sense  By Brian Jensen, DC
D . I	Safety First
<u>Previous Issues</u>	By Nancy Molina, DC
Did You Know?	Marketing Poor Health to Kids
Help Your Doctor Help You	By Editorial Staff
• It's Time for Insurers to Cover Drug-	Free Pain Relief Food Additives
• Even a Little Running Is Better Than	None By Christine H. Farlow, DC
<ul> <li>Open Up to Full-Body Health</li> </ul>	Welcome to Boot Camp
• The Dangers of Unhealthy Snacking	By Editorial Staff
	Peppermint Does More Than Freshen Breath
	By Editorial Staff
	<u>Healthy Holidays</u>
	By Editorial Staff
	Page printed from:
	http://www.toyourhealth.com/mpacms/tyh/issue.php?id=24&no_b=true
Other Health Sites	
<u>Chiroweb.com</u>	
<u>Dynamicchiropractic.com</u>	
<u>Chirofind.com</u>	
Acupuncturetoday.com	