[IMAGE] Current Issue - January, 2014 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }	
	Contact Us Help
[IMAGE] <u>[IMAGE]</u> [IMAGE] [IMAGE]	
[IMAGE] [IMAGE]	[IMAGE]
	E-mail to a Friend   Printer Friendly   PDF
[IMAGE]	To Your Health Archives -
In This Issue:	January, 2014 (Vol. 08, Issue 01)
<ul> <li>Older Men Need Chiropractic</li> <li>Great for Memory</li> <li>Try Evening Exercise</li> <li>Not Enough Nutrients?</li> <li>Is Your Child's Depression Being Cau</li> <li>Your Best You</li> <li>Previous Issues</li> <li>Did You Know?</li> <li>More Water = Fewer UTIs</li> <li>Keep Breast Cancer From Returning</li> <li>Listen Up: Children Rarely Need Anti</li> <li>Routine Pelvic Exams: Not So Fast</li> <li>Your Biggest Weight-Loss Weapon?</li> </ul>	The Science of Happiness  By Bill Reddy, LAc, Dipl. Ac.  Berries for Blood Pressure  Running Form: How Should Your Feet Hit the Ground?  By Thomas Michaud, DC  All About Air Quality: How Safe Are You?  By Claudia Anrig, DC
Other Health Sites <u>Chiroweb.com</u> <u>Dynamicchiropractic.com</u> <u>Chirofind.com</u> <u>Acupuncturetoday.com</u>	