	eneral Health >> Smoking [IMAGE] a.consent:link { color:#FFF; }
a.consent:visited { color:#FFF	F; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }
	Contact Us Help
[IMAGE]	
[IMAGE]	
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[IMAGE] [IMAGE]	[IMAGE]
	E-mail to a Friend Printer Friendly PDF
[IMAGE]	
[IMAGE]	Alternative and General Health >> Smoking
In This Issue:	Cigars Just as Dangerous as Cigarettes
Pain Pills Don't Go Away After Back	SurgeryLong-Term Smoking Linked to Arthritis
• Poor Sleep = Migraines	One More Reason Not to Smoke
• Sitting Time and BP	Smoking Linked to Back Pain in Children
• The Power of Awe	Smoking Increases Diabetes Risk in Offspring
Prevent Childhood Cancer	Relax But Don't Take a Deep Breath
The Sleepless Night Diet	Friends Don't Let Friends Smoke
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 Junk Food: Bad for Sleep 	
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