

[IMAGE] Health Poll Archives 2013 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

[Contact Us](#) [Help](#)

[IMAGE]

[IMAGE]

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]



[IMAGE]

[IMAGE]

Health Poll Archives – 2013

In This Issue:

- [Older Men Need Chiropractic](#)
- [Great for Memory](#)
- [Try Evening Exercise](#)
- [Not Enough Nutrients?](#)
- [Is Your Child's Depression Being Caused by Poor Sleep?](#)
- [Your Best You](#)

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December

[How often do you use home remedies?](#)

[November](#)

[What are you doing to prevent the flu?](#)

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October

[What type of exercise do you enjoy during the Fall?](#)

[Did You Know?](#)

- [Keep Your Chin Up](#)
- [Alcohol During Pregnancy: Adopt a Zero Tolerance Policy](#)
- [Teen Weight: A Big Risk for Colon Cancer](#)
- [Playing With Fire](#)
- [Racism Is Unhealthy – for Everyone](#)

September

[How often do you see your primary doctor annually?](#)

August

[Have you tried to go vegan/vegetarian?](#)

July

[Do you take a fish oil supplement?](#)

June

[What do you do to be heart healthy?](#)

May

[What are you doing to get your Vitamin D this summer?](#)

[Other Health Sites](#)

[Chiroweb.com](#)

[Dynamicchiropractic.com](#)

[Chirofind.com](#)

[Acupuncturetoday.com](#)

March - April

[How often do you buy supplements?](#)

February

[What have you done to lower your sugar intake?](#)

January

[How are you avoiding getting a cold this season?](#)

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