[IMAGE] Health Poll - August 2013 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

Contact Us Help

[IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]

Health Poll - August 2013

TD { font-family: arial, 'helvetica neue', helvetica, sans-serif; font-size:

14px; line-height: 1.5; }

• Chronic Pain Can Wreck Your Life

Antioxidants for Acne

Have you tried to go vegan / vegetarian?

Yes 57 (37%)

• Reflux Drugs & Migraines
No
97 (63%)

Kids Need Exercise

• The Life Extender

Total: 154

• 3 Ways to Lose It

In This Issue:

Note: This is a voluntary, nonscientific poll based on 152 responses;

caution should be used in generalizing the results.

Previous Issues

Did You Know?

• Diet Drinks Cause Heart Issues?

• Healthy Snacking Can Help Fight Weight & griprinted from:

• <u>8 Easy Stress Reducers</u> http://www.toyourhealth.com/health_poll/13archives/august.php?no_b=true

• A Simple Coping Skill for Teens

• Exercise Improves More Than Just Your Physical Health

Other Health Sites

Chiroweb.com

Dynamicchiropractic.com

Chirofind.com

Acupuncturetoday.com