

[IMAGE] Health Poll - December 2013 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

[Contact Us](#) [Help](#)

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Health Poll - December 2013

[IMAGE]

In This Issue:

- [Chronic Pain Can Wreck Your Life](#)
- [Antioxidants for Acne](#)
- [Reflux Drugs & Migraines](#)
- [Kids Need Exercise](#)
- [The Life Extender](#)
- [3 Ways to Lose It](#)

TD { font-family: arial, 'helvetica neue', helvetica, sans-serif; font-size: 14px; line-height: 1.5; }

How often do you use home remedies?

Often	68 (67%)
Rarely	26 (25%)
Never	8 (8%)

Total: 102

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- [Three Cheers for Vitamin C](#)
- [Vitamin K for the Bones](#)
- [3 Strategies to Tap Into the Power of Coconut Oil](#)
- [Krazy About Kale](#)
- [15 Minutes a Day](#)

Note: This is a voluntary, nonscientific poll based on 100 responses; caution should be used in generalizing the results.

Reprinted from:

http://www.toyourhealth.com/health_poll/13archives/december.php?no_b=true

Other Health Sites

[Chiroweb.com](#)

[Dynamicchiropractic.com](#)

[Chirofind.com](#)

[Acupuncturetoday.com](#)