[IMAGE] Health Poll - March - April 2013 [IMAGE] a.consent:link {	<pre>color:#FFF; } a.consent:visited {</pre>
color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color	or:#FFF; }
	Contact Us Help
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In This Issue:

[IMAGE]

Health Poll - March - April 2013

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line-height: 1.5; }

Chronic Pain Can Wreck Your Life
How often do you buy supplements?

Antioxidants for Acne

Every month

191 (73%)

• Reflux Drugs & Migraines
Once or twice a year

37 (14%)

• <u>Kids Need Exercise</u> Hardly ever 33 (13%)

• The Life Extender
• 2 Worst to Localt
Total: 261

• 3 Ways to Lose It

Previous Issues

Note: This is a voluntary, nonscientific poll based on 259 responses; caution should be used in generalizing the results.

Did You Know?

• Lose the Last 10 Pounds

Secondhand Smoke Can Cause Snoring ... and Maybe Worse

• Don't Let the Holidays Wreck You Page printed from:

• <u>Less Salt, Better Heart</u> http://www.toyourhealth.com/health_poll/13archives/march_april.php?no_b=true

• Pregnancy Weight Matters

Other Health Sites

Chiroweb.com

Dynamicchiropractic.com

Chirofind.com

Acupuncturetoday.com