[IMAGE] Health Poll - May 2013 [IMAGE] a.consent:link { consent:link }	olor:#FFF; } a.consent:visited { color:#FFF;
} a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }	
	Contact Us Help
[IMAGE]	
[IMAGE]	
[IMAGE] [IMAGE]	
[IMAGE] [IMAGE]	[IMAGE]

## [IMAGE]

## [IMAGE]

## Health Poll - May 2013

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14px; line-height: 1.5; }

Best for Spinal Pain
 What are you doing to get your Vitamin D this summer?

• Keep Your BMI Stable

Getting more sunshine

60 (39%)

• <u>Chiropractic = Less Surgery</u>

Taking a supplement

77 (50%)

• Walk Faster, Age Slower Eating more Vitamin D enriched foods 18 (12%)

• The Power of Herbs & Spices

Too Little Talking

In This Issue:

**Total:** 155

## Previous Issues

 $\it Note$ : This is a voluntary, nonscientific poll based on 153 responses;

<u>Did You Know?</u> caution should be used in generalizing the results.

• Start Them Off Right

• A Laughing Matter

• <u>Vitamin E Slows Alzheimer Decline</u> Page printed from:

• <u>3 Ways to Increase Energy</u> http://www.toyourhealth.com/health\_poll/13archives/may.php?no\_b=true

• Low Vitamin D Levels Linked to Disease

Other Health Sites

Chiroweb.com

Dynamicchiropractic.com

Chirofind.com

Acupuncturetoday.com