

[IMAGE] Health Poll Archives 2014 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

[Contact Us](#) [Help](#)

[IMAGE]

[IMAGE]

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]



[IMAGE]

Health Poll Archives – 2014

[IMAGE]

In This Issue:

- [Chronic Pain Can Wreck Your Life](#)
- [Antioxidants for Acne](#)
- [Reflux Drugs & Migraines](#)
- [Kids Need Exercise](#)
- [The Life Extender](#)
- [3 Ways to Lose It](#)

Previous Issues

Did You Know?

- [Plant vs. Animal: The Hard Truth](#)
- [Mind-Body Wellness](#)
- [Exercise Improves More Than Just Your Physical Health](#)
- [Oral Antibiotics May Cause Kidney Stones](#)
- [Fitness Goals: Money Motivates \(Especially When You Risk Losing It\)](#)

Other Health Sites

[Chiroweb.com](#)
[Dynamicchiropractic.com](#)
[Chirofind.com](#)
[Acupuncturetoday.com](#)

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[2014](#) | [2013](#) | [2012](#) | [2011](#) | [2010](#) | [2009](#) | [2008](#) | [2007](#)

December

[What's your exercise resolution for 2015?](#)

November

[Are you a meat consumer?](#)

October

[Do you incorporate vegetables into your daily meals?](#)

September

[What are you doing to prepare for cold/flu season?](#)

August

[Do you incorporate strength training into your daily workouts?](#)

July

[Do you use sunscreen outdoors in the summer?](#)

June

[Do you suffer from spring allergies?](#)

May

[How often do you exercise?](#)

April

[How many times a week do you skip on 8 hours of sleep?](#)

March

[Do you take supplements to aide in weight loss?](#)

January / February

[What attire would you wish to see your chiropractor wear in his/her office while treating patients?](#)

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