

[IMAGE] Health Poll Archives 2017 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

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[IMAGE]

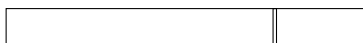
[IMAGE]

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]



[IMAGE]

[IMAGE]

In This Issue:

- [Chronic Pain Can Wreck Your Life](#)
- [Antioxidants for Acne](#)
- [Reflux Drugs & Migraines](#)
- [Kids Need Exercise](#)
- [The Life Extender](#)
- [3 Ways to Lose It](#)

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- [What's Causing Your Cough?](#)
- [Modifying Diabetes Risk: The Good and the Bad](#)
- [Don't Sweat the Small Stuff](#)
- [Start Right, Stay Light](#)
- [The Power of Positive Thinking](#)

Other Health Sites

[Chiroweb.com](#)

[Dynamicchiropractic.com](#)

[Chirofind.com](#)

[Acupuncturetoday.com](#)

Health Poll Archives – 2017

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[2014](#) | [2013](#) | [2012](#) | [2011](#) | [2010](#) | [2009](#) | [2008](#) | [2007](#)

December

[In the past decade, how many times has "lose weight" been one of your New Year's resolutions?](#)

November

[What is your first option when you experience pain \(in general\)?](#)

October

[In general, what happens to your diet / exercise routine as the end of the year approaches?](#)

September

[What is your primary method of regular exercise?](#)

August

[Have you ever competed in a mud run or similar obstacle event?](#)

July

[Are you able to do some form of physical activity at least 30 minutes every day?](#)

June

[Have you ever run a marathon or half marathon?](#)

May

[How often do you eat seafood?](#)

April

[Have you ever been prescribed an opioid \(Vicodin, Percocet, OxyContin, etc.\) for pain?](#)

March

[When you experience low back pain, what do you usually do?](#)

February

[How often do you eat breakfast?](#)

January

[In general, how long do your New Year's resolutions last?](#)

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