

[IMAGE] Calorie Burning Calculator [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

[Contact Us](#) [Help](#)

[IMAGE]

[\[IMAGE\]](#)

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

[\[IMAGE\]](#)



[IMAGE]

[IMAGE]

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Calorie Burning Calculator

Use the Calorie Burning Calculator to calculate your basal metabolic rate (BMR), which is the number of calories you burn on a daily basis. Note that this equation only gives a rough estimate. Depending on your activity level, you may require more or less calories.

Sex: ☐ Female
☐ Male

Age: years

Weight: lbs

The results of your calculation will display here.

Other Health Sites

[Chiroweb.com](#)
[Dynamicchiropractic.com](#)
[Chirofind.com](#)
[Acupuncturetoday.com](#)

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