

[IMAGE]

## Summer Shape-Up

### Three ways to keep your body and mind in tip-top shape.

#### The Power To Heal Yourself

by Dr. Gina Kim, D.C.

The Power to Heal Yourself - Copyright © Stock Photo / Register Mark The power to heal yourself is within your grasp. Must have book! Many amazingly simple and effective healing techniques for a variety of conditions. Promotes body-mind-spirit balance and harmony empowering you to make conscious choices for your health and well-being. ALL proceeds donated to charities and scholarships. Visit [www.cellularregeneration](http://www.cellularregeneration) or call 808-871-6996 to order.

#### Elite Energy - Copyright © Stock Photo / Register Mark **Elite Energy™**

by Foot Levelers

The Elite Energy Spinal Pelvic Stabilizer is the next step in enhancing your energy, edge, and performance. Strategically placed magnets\* in specific zones may help to increase energy and lead to better vitality.\*\* This can allow you to enjoy life to its fullest. Visit [FootLevelers.com](http://FootLevelers.com).

\*Do not use products with magnets if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant. \*\*May increase energy, weight loss and romantic passion. Individual results may vary.

#### Formula 303 - Copyright © Stock Photo / Register Mark **FORMULA 303®**

by Dee Cee Laboratories, Inc.®

Helps you feel better fast three proven ways – Relaxes Muscle Spasms – Natural Relaxant to Relieve Tension – Scientifically Formulated to Ease Stress. FORMULA 303® is registered in the U.S. Patent and Trademark Office, No. 2,965,955, for use as a natural relaxant for muscle spasms, tension and stress. Ask your doctor.

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