[IMAGE]

## **Help Your Spine and Your Golf Score**

Reference:

Seaman DR. Back pain in golfers: etiology and prevention. *Journal of Sports Chiropractic & Rehabilitation*, June 1998; vol. 12, no. 2, pp45-54.

For additional information on sports and fitness, go to <a href="http://www.chiroweb.com/tyh/sports.html">http://www.chiroweb.com/tyh/sports.html</a>

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