

[IMAGE]

## **Get Into the Swing of Things**

### *Reference:*

Bulbulian R, Ball KA, Seaman DR. The short golf backswing: Effects on performance and spinal health implications. *Journal of Manipulative and Physiological Therapeutics* 2001;24(9), pp. 569-575.

For additional information on sports and fitness, go to <http://www.chiroweb.com/tyh/sports.html>

Page printed from:

[http://www.toyourhealth.com/mpacms/tyh/article.php?id=720&no\\_paginate=true&no\\_b=true](http://www.toyourhealth.com/mpacms/tyh/article.php?id=720&no_paginate=true&no_b=true)