[IMAGE] Current Issue - July, 2017 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

	Contact Us Help
[IMAGE]	
[IMAGE]	
[IMAGE] [IMAGE]	
[IMAGE]	[IMAGE]
[IMAGE]	
	E-mail to a Friend Printer Friendly PDF
[IMAGE]	
	To Your Health Archives -
[IMAGE]	
In This Issue:	July, 2017 (Vol. 11, Issue 07)
Older Men Need Chiropractic	
<u>Great for Memory</u>	Why You Should Be Making Periodic Visits to Your Chiropractor
<u>Try Evening Exercise</u>	By Editorial Staff
<u>Not Enough Nutrients?</u>	Depressed After Baby? Try Exercise
 Is Your Child's Depression Being Cause 	By Editorial Staff sed by Poor Sleep?
Your Best You	Prevent Arthritis Pain With Fiber
	By Editorial Staff
Previous Issues	Death by (Fried) Potatoes
Did You Know?	By Editorial Staff
Obesity Shortens Your Life	Top 5 Stress Triggers (We Can't Seem to Avoid)
Another Reason to Avoid Trans Fats	The Ratio That Matters When It Comes to Chronic Disease
Antibiotics Don't Work for Cold Symp	By Louis Miller, DC, MS
Antibiotic Use and Childhood Obesity:	
 <u>Antibiotic Use and Childhood Obesity</u>. Vitamin K: The Wonder Vitamin for H 	
• <u>vitannii K. The wonder vitannii for fi</u>	leart Health? Can a Concussion Affect Your Menstrual Cycle? By Editorial Staff
	The Big 7 for Heart Health
	By Editorial Staff
	Beating Back Pain: Get Moving
	By Editorial Staff
	Page printed from:
	http://www.toyourhealth.com/mpacms/tyh/issue.php?current=true&id=125&no_b=true&no_b=true
Other Health Sites	
Chiroweb.com	
Dynamicchiropractic.com	
Chirofind.com	
Acupuncturetoday.com	