

[IMAGE] To Your Health Archives - April, 2016 [IMAGE] a.consent:link { color:#FFF; }

a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

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[IMAGE]

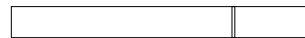
[IMAGE]

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]



[IMAGE]

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[IMAGE]

In This Issue:

- [Chronic Pain Can Wreck Your Life](#)
- [Antioxidants for Acne](#)
- [Reflux Drugs & Migraines](#)
- [Kids Need Exercise](#)
- [The Life Extender](#)
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By James P. Meschino, DC, MS

Think Straight: Concussion Facts

By Charles Masarsky, DC, FICC

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By Editorial Staff

Surviving Jelly Bean Day

By Editorial Staff

Fit Body, Fit Brain

By Editorial Staff

Vitamin D Fails to Help Knee OA? Questioning the Latest Research

By David Seaman, DC, MS, DABCN

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