[IMAGE] To Your Health Archives - March, 2017 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] March, 2017 (Vol. 11, Issue 03) In This Issue: Pain Pills Don't Go Away After Back Surgery 7 Signs and Symptoms: Opioid Prescription Is Leading to Danger • Poor Sleep = Migraines Cancer Prevention: Watch Your Weight Sitting Time and BP By Editorial Staff • The Power of Awe Your Waist May Make the Difference Prevent Childhood Cancer By Editorial Staff • The Sleepless Night Diet Stay Balanced With Exercise By Editorial Staff Previous Issues Neck Pain: Think Chiropractic Did You Know? By Editorial Staff More Iron Required Why We Need B Vitamins More Than Ever • To Sleep, Perchance to Dream? By Editorial Staff • Get a Handle on Your Weight Rehab That Knee the Right Way Diet as Good as Drugs for Reducing Blood Pressure By Editorial Staff • Three Reasons to Limit TV Time A Diet to Prevent Breast Cancer By Editorial Staff "Tech Neck": The Fix Is in the Foundation By Brian Jensen, DC Exercise for Cancer Fatigue By Editorial Staff Page printed from: http://www.toyourhealth.com/mpacms/tyh/issue.php?id=121&no_b=true Other Health Sites Chiroweb.com **Dynamicchiropractic.com** Chirofind.com

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