## [IMAGE] Current Issue - November, 2017 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

## Contact Us Help

## [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE]

[IMAGE]

E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] November, 2017 (Vol. 11, Issue 11) In This Issue: <u>Chronic Pain Can Wreck Your Life</u> It's Time for Insurers to Cover Drug-Free Pain Relief <u>Antioxidants for Acne</u> By Editorial Staff <u>Reflux Drugs & Migraines</u> A Natural Way to Prevent Urinary Tract Infections <u>Kids Need Exercise</u> By James P. Meschino, DC, MS <u>The Life Extender</u> Child Obesity and Asthma: A Dangerous Combination <u>3 Ways to Lose It</u> By Editorial Staff Another Strike Against Acetaminophen Use During Pregnancy? Previous Issues By Editorial Staff Did You Know? A Sugar-Cancer Connection? Laughter Is the Best Medicine By Editorial Staff Say No to Diet Drugs Healthy Weight, Healthy Knees <u>30 Minutes a Day May Keep Strokes Away</u> By Editorial Staff Depressed by Poor Fitness Exercise: Back Pain's Kryptonite? <u>Start Them Off Right</u> By Editorial Staff Don't Sweat the Small Stuff By Editorial Staff Why Every Day Should Be Bring-Your-Chiropractor-to-Work Day By Editorial Staff Food for Thought: Omega-3s for PTSD? By Editorial Staff Page printed from: Other Health Sites  $http://www.toyourhealth.com/mpacms/tyh/issue.php?id = 129 \& current = true \& no_b =$ Chiroweb.com Dynamicchiropractic.com Chirofind.com Acupuncturetoday.com