

[IMAGE] Current Issue - April, 2018 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

[Contact Us](#) [Help](#)

[IMAGE]

[IMAGE]

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

[IMAGE]

--	--

[E-mail to a Friend](#) | [Printer Friendly](#) | [PDF](#)

[IMAGE]

[IMAGE]

To Your Health Archives -

April, 2018 (Vol. 12, Issue 04)

In This Issue:

- [Older Men Need Chiropractic](#)
- [Great for Memory](#)
- [Try Evening Exercise](#)
- [Not Enough Nutrients?](#)
- [Is Your Child's Depression Being Caused by Poor Sleep?](#)
- [Your Best You](#)

[Pain Pills Don't Go Away After Back Surgery](#)

By Editorial Staff

[Obesity Can Kill Your Taste Buds](#)

By Editorial Staff

[Your Baby's Medication May Lead to Childhood Allergies](#)

By Editorial Staff

[Previous Issues](#)

[High BP Ups Miscarriage Risk](#)

By Editorial Staff

[Even Pre-Diabetes Is Risky](#)

By Editorial Staff

[Top 5 Healthy Habits \(We Tend to Ignore\)](#)

By Editorial Staff

[How to Beat Breast Cancer: Muscle Up](#)

By Editorial Staff

[Zero Tolerance for Zero-Calorie?](#)

By Editorial Staff

[Another Reason Not to Eat Out](#)

By Editorial Staff

[Save Your Teeth and They'll Save You](#)

By Editorial Staff

[Did You Know?](#)

- [Vibrate Your Way to Better Gut Health](#)
- [Why Garlic Is Good for You](#)
- [When Your Workout Backfires](#)
- [Aspirin: Not Safe for Some Seniors](#)
- [Take a Deep Breath](#)

Other Health Sites

[Chiroweb.com](#)

[Dynamicchiropractic.com](#)

[Chiroweb.com](#)

[Acupuncturetoday.com](#)

Page printed from:

http://www.toyourhealth.com/mpacms/tyh/issue.php?id=134¤t=true&no_b=true&no_b=true