[IMAGE] To Your Health Archives - February, 2008 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] February, 2008 (Vol. 02, Issue 02) In This Issue: Older Men Need Chiropractic The Human-Animal Bond • Great for Memory By Meghan Vivo • Try Evening Exercise Snooze or Lose • Not Enough Nutrients? By Kathryn Feather Is Your Child's Depression Being Caused by Poor Sleep?

Body by Design Your Best You By Dr. Daniel J. Cruoglio Teaching Kids to Eat Healthy: Your Role as a Parent Previous Issues By Editorial Staff Did You Know? Slowing Down Fast Food • Exercise: Better Than Weight Loss for Heart Disease? By Dr. Claudia Anrig Cancer Prevention: Watch Your Weight Surfing the Slopes Knee Osteoarthritis: Steroid Injections Aren't the Answer By Editorial Staff • Rumbly Tumbly: Antibiotics in Infancy Linked to Inflammatory Bowel District Joins the Fight • Laugh a Little - It's Good for Your Brain By Dr. David Holland A Laughing Matter By Editorial Staff From the Heart By Editorial Staff Page printed from: http://www.toyourhealth.com/mpacms/tyh/issue.php?id=14&no_b=true&no_b=true Other Health Sites Chiroweb.com Dynamicchiropractic.com Chirofind.com

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