[IMAGE] To Your Health Archives - December, 2018 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] December, 2018 (Vol. 12, Issue 12) In This Issue: Chronic Pain Can Wreck Your Life Why Americans Love Chiropractic • Antioxidants for Acne By Editorial Staff • Reflux Drugs & Migraines Cut Cancer Risk: Eat Organic Kids Need Exercise By Editorial Staff • The Life Extender Are You Getting Your Baby High? • 3 Ways to Lose It By Editorial Staff Can Stress Shrink Your Brain? Previous Issues By Editorial Staff Did You Know? Lose the Weight, Lower the Risk • The Power of Positive Thinking By Editorial Staff Get a Great Workout Without Lifting a Finger Want to Constrict Your Blood Vessels? Grab an Energy Drink Young Adults Need Anti-Smoking Messaging, Too By Editorial Staff Keep Breast Cancer From Returning New Year's Resolutions That Should Be on Your List (But Probably Aren't)

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