[IMAGE] To Your Health Archives - March, 2008 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] March, 2008 (Vol. 02, Issue 03) In This Issue: Chronic Pain Can Wreck Your Life Nutrition for Baby • Antioxidants for Acne By Dr. Richard Drucker • Reflux Drugs & Migraines Drink Your Greens Kids Need Exercise By Dr. Donald L. Hayes • The Life Extender The Overmedicated Child • 3 Ways to Lose It By Dr. Claudia Anrig Keeping Them Safe Previous Issues By Kathryn Feather Did You Know? Sweet Success • The Smart Way to Avoid Excess Weight Gain During Pregnancy By Tina Beychok • Drink Green Tea, Live Longer Headache Help • Junk Food: Bad for Sleep By Zhenya K. Wine • Skipping Breakfast: Bad for the Heart Dangerous Curve • Get Your Fiber On: The Power of Psyllium By Dr. John Hanks Preventing Food Allergies By Editorial Staff Time to Socialize By Editorial Staff Jump Into Spring By Editorial Staff Page printed from: Other Health Sites $http://www.toyourhealth.com/mpacms/tyh/issue.php?id=15\&no_b=true$ Chiroweb.com Dynamicchiropractic.com Chirofind.com

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