[IMAGE]

[IMAGE]

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

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[IMAGE]

[IMAGE]

In This Issue:

- Chronic Pain Can Wreck Your Life
- Antioxidants for Acne
- Reflux Drugs & Migraines
- <u>Kids Need Exercise</u>
- The Life Extender
- 3 Ways to Lose It

Previous Issues

Did You Know?

- Healthy Teeth for a Healthier You
- <u>Turn Off the TV and Tune Into Health</u>
- Greek Goodness
- Healthy Eating (When Eating Out)
- Health Care Costs Rise With Obesity

To Your Health Archives -

April, 2021 (Vol. 15, Issue 04)

The Last Profession Standing for Low Back Pain: Chiropractic

By Donald M. Petersen Jr., BS, HCD(hc), FICC(h)

Get Fit, Burn More Fat – Especially If You're a Woman

By Editorial Staff

Count to Five to Live Longer

By Editorial Staff

Is CBG the New CBD?

By Caroline La, LAc

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By Editorial Staff

The Long-Lasting Impact of Sugar

By Editorial Staff

Take Back the Power

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