```
[IMAGE] Current Issue - May, 2022 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited {
color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }
                                                                                                                                                                                                                                                                                                                                                                                                      Contact Us Help
[IMAGE]
[IMAGE]
[IMAGE] [IMAGE]
[IMAGE]
                                                                                                                                                                                                                                                                                         [IMAGE]
[IMAGE]
                                                                                                                                                                                                                                                                                                                                                                              E-mail to a Friend | Printer Friendly | PDF
                          [IMAGE]
                                                                                                To Your Health Archives -
[IMAGE]
                                                                                                May, 2022 (Vol. 16, Issue 05)
           In This Issue:

    Chronic Pain Can Wreck Your Life

                                                                                                Natural Pain Relief

    Antioxidants for Acne

                                                                                                             By Editorial Staff

    Reflux Drugs & Migraines

                                                                                                           Avoiding the Cravings

    <u>Kids Need Exercise</u>

                                                                                                                        By Editorial Staff

    The Life Extender

                                                                                                                     Chiropractic: The Big Winner

    3 Ways to Lose It

                                                                                                                                    By Ronald Feise, DC
                                                                                                                                  Walk Faster, Age Slower
Previous Issues
                                                                                                                                               By Editorial Staff
           Did You Know?
                                                                                                                                            The Pregnancy Diet

    Four Ways to Keep Kids Moving

                                                                                                                                                           By Editorial Staff

    Increased Caffeine Intake Could Lead to Miscarriage

                                                                                                                                                        50 Minutes to a Healthier You

    When Medications Cause Depression

                                                                                                                                                                     By Editorial Staff

    Safety First

                                                                                                                                                                    Do Antidepressants Even Work?
                                                                                                                                                                                By Editorial Staff

    The Impact of Grains and Carbs on Your Diet

                                                                                                                                                                              #1 for Bone Health?
                                                                                                                                                                                            By Editorial Staff
                                                                                                                                                                                          Bad for the Gut
                                                                                                                                                                                                       By Editorial Staff
                                                                                                                                                                                                      Racism Is Unhealthy - for Everyone
                                                                                                                                                                                                                  By Editorial Staff
                                                                                                                                                                                                    Page printed from:
Other Health Sites
                                                                                                                                                                                                    http://www.toyourhealth.com/mpacms/tyh/issue.php?id=183\&current=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=true\&no\_b=
Chiroweb.com
Dynamicchiropractic.com
```

Chirofind.com Acupuncturetoday.com