[IMAGE] To Your Health Archives - February, 2007 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] February, 2007 (Vol. 01, Issue 02) In This Issue: Chronic Pain Can Wreck Your Life Headaches: Drugless Solutions Antioxidants for Acne By Julie Engebretson Reflux Drugs & Migraines The Truth About Sweets Kids Need Exercise By Julie Engebretson The Life Extender Dealing With Toxins 3 Ways to Lose It By Ronald E. Partain Sr. Spinal Decompression Previous Issues By Dr. James D. Edwards Did You Know? Low-Level Laser Therapy • Time to Make Time By Dr. William J. Kneebone Get a Handle on Your Weight Taking Charge of Your Health • The World's Healthiest Habits By Paula L. Wilson Baby on the Way? Get Your Vitamin D Levels Checked Treating the Common Cough: Time to Think Natural • Aerobics for the Brain: Not Just for Seniors By Peter W. Crownfield Keep an Eye on Good Health By Editorial Staff The Fundamentals of Fiber By Editorial Staff For Your Valentine

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