[IMAGE] To Your Health A	archives - October, 2009 [IMAGE] a.consent:link { color:#FFF; }
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	October, 2009 (Vol. 03, Issue 10)
In This Issue:	
 Chronic Pain Can Wreck Your Life Antioxidants for Acne 	Playing to Win: Injury Prevention Is the Key
Reflux Drugs & Migraines	By Alex Guerrero
Kids Need Exercise	Should You Get a Flu Shot?
The Life Extender	By Dr. Claudia Anrig
3 Ways to Lose It	Minerals Matter
3 ways to Lose It	By Dr. Richard Drucker
Previous Issues	Healthy Living in a Hectic World
	By Dr. Jeffrey Tucker
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• Beat the Blues (Without Drugs)	TOP 8 Healthy Foods
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<u>Chiroweb.com</u>

 $\underline{Dynamic chiropractic.com}$

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Chirofind.com

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