[IMAGE] Current Issue - April, 2007 [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; } Contact Us Help [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] [IMAGE] E-mail to a Friend | Printer Friendly | PDF [IMAGE] To Your Health Archives -[IMAGE] April, 2007 (Vol. 01, Issue 04) In This Issue: Chronic Pain Can Wreck Your Life Secrets to Staying Healthy Antioxidants for Acne By Editorial Staff Reflux Drugs & Migraines All Car Seats Are Not Created Equal Kids Need Exercise By Arthur Croft, DC, MSC, MPH • The Life Extender Cholesterol: Know the Facts 3 Ways to Lose It By Peter W. Crownfield In Shape for Life Previous Issues By Meghan Vivo Did You Know? Nutrition for Athletes <u>Can Exercise Help Beat Depression?</u> By Michael Dobbins DC An Important Topic of Conversation: Healthy Poop It All Starts With Your Feet <u>Vitamins for Healthy Aging</u> By Brian Jensen, DC Vitamin C May Reduce Stroke Risk 8 Ways to Reduce Workplace Stress Infants and Antibiotics: Why It's a Bad Combination By Editorial Staff The Power of Positive Thinking By Editorial Staff Another Reason to Avoid Trans Fats By Editorial Staff Shaping Up Page printed from: $http://www.toyourhealth.com/mpacms/tyh/issue.php?id=4\¤t=true\&no_b=tr$ Other Health Sites Chiroweb.com Dynamicchiropractic.com

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