[IMAGE] Pediatric Health >> Other Topics [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

[IMAGE]

[IMAGE]

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In This Issue:

- Best for Spinal Pain
- Keep Your BMI Stable
- Chiropractic = Less Surgery
- Walk Faster, Age Slower
- The Power of Herbs & Spices
- Too Little Talking

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Did You Know?

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- E-Cigs: Reversing a Positive Trend
- 3 Ways to Get in Shape FAST
- Eat to Live Longer

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