[IMAGE] Pediatric Health >> Other Topics [IMAGE] a.conse	ent:link { color:#FFF; } a.consent:visited {
color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }	
	Contact Us Help
[IMAGE]	
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Pediatric Health >> Other Topics

In This Issue: No Bones About It: Girls Benefit From Weight-Bearing Exercise

• Pain Pills Don't Go Away After Back Surgery By Editorial Staff

• Poor Sleep = Migraines

How to Help Your Child Avoid Growing Up Fat
 Sitting Time and BP

By Claudia Anrig, DC
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• <u>The Sleepless Night Diet</u> By Editorial Staff

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<u>Did You Know?</u> Page printed from:

• <u>Vitamin D for Baby</u> http://www.toyourhealth.com/mpacms/tyh/sub_topic.php?id=18&pagenumber=5&no_b=true

• Fiber: Just Get Some

• Your Brain Loves Cardio

• Short on Sleep? You Can Make It Up

• Laugh a Little – It's Good for Your Brain

Other Health Sites

Chiroweb.com

Dynamicchiropractic.com

Chirofind.com

Acupuncturetoday.com