

[IMAGE] Sports & Fitness [IMAGE] a.consent:link { color:#FFF; } a.consent:visited { color:#FFF; }
a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

[Contact Us](#) [Help](#)

[IMAGE]

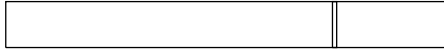
[\[IMAGE\]](#)

[IMAGE] [IMAGE]

[IMAGE]

[IMAGE]

[\[IMAGE\]](#)



[E-mail to a Friend](#) | [Printer Friendly](#) | [PDF](#)

[IMAGE]

Sports & Fitness

[IMAGE]

In This Issue:

- [Chronic Pain Can Wreck Your Life](#)
- [Antioxidants for Acne](#)
- [Reflux Drugs & Migraines](#)
- [Kids Need Exercise](#)
- [The Life Extender](#)
- [3 Ways to Lose It](#)

[Contact Sports \(3\)](#)

[Exercise \(84\)](#)

[Other Topics \(18\)](#)

Page printed from:

http://www.toyourhealth.com/mpacms/tyh/topic.php?id=33&no_b=true&no_b=true

[Previous Issues](#)

[Did You Know?](#)

- [Fractures and Medication Use: A Vicious Cycle](#)
- [Age of Diabetes Onset Linked to Dementia Risk](#)
- [Why Garlic Is Good for You](#)
- [Sinusitis Solutions](#)
- [A Question of Safety: More Children Suffering Concussions](#)

Other Health Sites

[Chiroweb.com](#)

[Dynamicchiropractic.com](#)

[Chirofind.com](#)

[Acupuncturetoday.com](#)