[IMAGE] To Your Health is the leading source of alternative health news and wellness education
information serving holistic minded patients [IMAGE] a.consent:link { color:#FFF; } a.consent:visited {
color:#FFF; } a.consent:hover { color:#a2a2a2; } a.consent:active { color:#FFF; }

p

	Contact Us Help
[IMAGE]	
[IMAGE]	
[IMAGE] [IMAGE]	
[IMAGE] [IMAGE]	[IMAGE]
	E-mail to a Friend Printer Friendly PDF
[IMAGE]	Warning: virtual() has been disabled for security reasons in /www/toyourhealth/doc-root/search-tyh.php on line 16
[IMAGE]	$Page\ printed\ from: $$ http://www.toyourhealth.com/search-tyh.php?form=extended&q=&ul=http$
In This Issue:	
Chronic Pain Can Wreck Your Life	
Antioxidants for Acne	
 Reflux Drugs & Migraines 	
Kids Need Exercise	
• The Life Extender	
• 3 Ways to Lose It	
Previous Issues	
Did You Know?	

- The True Measure of Heart Disease Risk
- Why You Need Iron
- Weight-Loss Surgery Is Bad for Your Mental Health
- Don't Let the Holidays Wreck You
- 3 Ways to Shake the Blues

Other Health Sites Chiroweb.com Dynamicchiropractic.com <u>Chirofind.com</u>

Acupuncturetoday.com